

## Cookery & Gardening Demonstration Timetable



	Wednesday	Thursday	Friday	Saturday
11.00am	Cookery Demo by Joy M Rollston	Cookery Demo by Joy M Rollston	Cookery Demo by Joy M Rollston	Cookery Demo by Joy M Rollston
11.45am	Foraging Home Décor - by Sarah McQuaid, Island Flowers	Rural Support - Social Farming - Growing Together	Growing a cut flower business from the ground up by Andy McCormick, Sow Grateful	Partners in Crime - companion planting for daffodils by Esker Daffodils
12.30pm	Partners in Crime - companion planting for daffodils by Esker Daffodils	Alex Lyttle - Manager Roy Lyttle Ltd - Roots to commercial horticulture and how the future looks	Grow a garden full of flowers for cutting by Angharad Maxwell, Hilltop Flowers	How to sow wild flower seeds and care for seed trays and seedlings by True Harvest Seeds
1.30pm	Cookery Demo by Joy M Rollston	Cookery Demo by Joy M Rollston	Cookery Demo by Joy M Rollston	Cookery Demo by Joy M Rollston
2.15pm	Embracing local, seasonal and sustainable floristry by Victoria Baird - Origin Flowers.	Sustainability in a Royal Garden by Claire Woods, Hillsborough Castle & Gardens	Rural Support - Social Farming - Growing Together	The Conservation Volunteers - Fantastic Five - five mini projects for the garden.
3.00pm	Cookery Demo by Joy M Rollston	Cookery Demo by Joy M Rollston	Cookery Demo by Joy M Rollston	Cookery Demo by Joy M Rollston
4.00pm	Foraging Home Décor - by Sarah McQuaid, Island Flowers	The Conservation Volunteers - Fantastic Five - five mini projects for the garden.	Community Farming at Jubilee Farm by Tim Davies	

